

My Year of Facing Fear

1. WHAT FEAR HAVE YOU AVOIDED FACING?

2. WHAT SCARY GOAL WILL YOU COMMIT TO IN 2019?

BY WHEN?

3. WHAT RESOURCES WILL YOU USE?

4. WHAT NEW IDENTITY WILL YOU OWN?

5. WHAT'S YOUR NEXT STEP?

BY WHEN?



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and keep us posted
on your progress using
#YearOfFacingFear

